

TECHNOLOGY

WINDOWS 11 INTRODUCTION - with Robyn Martin

Are you seeking employment but lack computer skills, especially with Windows 11? Or maybe you just need some guidance on your new Windows 11 device. This course will teach you the essentials of navigating the system and managing your files, including the new features of Windows 11. This training is subsidised by the NSW Government.

| COURSE | DATE/CONSECUTIVE SESSIONS | TIME | \$ |
|---------------------|--------------------------------|-------------|----|
| Windows 11 - Part 1 | 3 Fridays starting 13 February | 9 - 11:30am | 0 |
| Windows 11 - Part 2 | 3 Fridays starting 13 March | 9 - 11:30am | 0 |

TECH SAVVY SENIORS

Tech Savvy Seniors is a NSW Government initiative in partnership with Telstra for seniors aged 60 and above or Aboriginal or Torres Strait Islander seniors aged 50 and above. As a result of this initiative the following courses are offered to eligible participants at no cost. For beginners, the below sessions give you a basic introduction into the technologies listed while using a fun and hands-on approach. Bring your own devices, with full charge.

| COURSE NAME | DATE | TIME | \$ |
|--------------------------------|---------------|----------------|----|
| Introduction to Email - Part 2 | Friday 13 Mar | 12:15 - 2:45pm | 0 |

About: Learn the basic steps you need to help keep in touch with your family and friends using email. How to set up an email account and send and receive emails.

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|--------------------------------|---------------|----------------|---|
| Introduction to Cyber Security | Friday 20 Mar | 12:15 - 2:45pm | 0 |
|--------------------------------|---------------|----------------|---|

About: This course will help you navigate how to stay safe online. It will cover threats you may face. What to look out for. Options to improve your security online. It is an introduction on keeping yourself safe and better informed.

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|-------------------------|---------------|----------------|---|
| Introduction to iPhones | Friday 27 Feb | 12:15 - 2:45pm | 0 |
|-------------------------|---------------|----------------|---|

About: Phones used to be all about making calls, but now your mobile can do so much more. This workshop will teach you how to make the most of your iPhone.

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|--------------------------------|---------------|----------------|---|
| Introduction to Android Phones | Friday 13 Feb | 12:15 - 2:45pm | 0 |
|--------------------------------|---------------|----------------|---|

About: Phones used to be all about making calls, but now your mobile can do so much more. This workshop will teach you how to make the most of your android smartphone.

| | | | |
|---------------------------------|---------------|----------------|---|
| Introduction to Android Tablets | Friday 20 Feb | 12:15 - 2:45pm | 0 |
|---------------------------------|---------------|----------------|---|

About: iPads can be used for so many things such as browsing the web, reading books, watching movies, calendar entries and alerts and so much more. This workshop will teach you how to navigate your iPad to get the most out of your device.

CAMDEN HAVEN

COMMUNITY COLLEGE

RTO 90018



LAURIETON Program Guide

Inform yourself,
transform your life!

Feb - April 2026

Camden Haven Community College acknowledges and pays respect to the Biripi people, the Traditional Custodians of the land on which we are based. We pay our respect to their Elders, past, present and emerging and acknowledge all Aboriginal and Torres Strait Islander peoples living on, or visiting Biripi Country.

Contents

Creative Arts, Music & Languages

Health & Wellbeing

Special Interest

Sports

Technology

Tech Savvy Seniors

Office Hours

Laurieton Office

Monday to Friday 9:30am - 3:00pm.

How to Enrol

Please note you must enrol to attend a class. Numbers and funding are limited so get in quick to secure your place.



Visit www.chace.org.au



Call (02) 6559 6699



Email web@chace.org.au



In person at 16-18 Laurie Street, Laurieton

On the Front Cover

We are lucky to welcome award winning documentary travel photographer Rafael Ben Ari to our lifestyle tutor team. He is doing introductory courses onsite at the college and offering a more advanced course out and about in our beautiful region.

Hayley Proudfoot

Lifestyle Program Coordinator

Camden Haven Community College offers a range of accredited training specialising in:

- ◊ AGED CARE
- ◊ DISABILITY
- ◊ MENTAL HEALTH
- ◊ COMMUNITY SERVICES
- ◊ BUSINESS
- ◊ FIRST AID

For more information please visit our website or give us a call.

SPECIAL INTEREST

GENEALOGY FOR BEGINNERS - with Trudy Hardy

Navigate your way through resources and avenues online to piece together a historical record of your family. You will begin by looking at yourself and then working backwards, through the generations in your family.

| LOCATION | DATE/CONSECUTIVE SESSIONS | TIME | \$ |
|--------------------------------|--------------------------------|---------|-----|
| Camden Haven Community College | 4 Wednesdays starting 18th Feb | 6 - 8pm | 120 |

Qi Gong - with Bonnie Hodgins

EXPRESSION OF INTEREST - Qi Gong consists primarily of meditation, relaxation, gentle movements, mind-body exercises and self massage. Regular practise of these slow movements can stimulate the meridian system of the body helping to calm the mind, reduce stress and anxiety. Improves circulation and restores energy. Increases strength and mobility and creates a positive state of wellbeing. **If you are interested please get in touch**

| LOCATION | DATE/CONSECUTIVE SESSIONS | TIME | \$ |
|--------------------------------|---------------------------|----------------|----|
| Camden Haven Community College | 4 or 5 Mondays | 9:30 - 10:30am | |

SPORTS

GROUP TENNIS LESSONS - with Club Coach

EXPRESSION OF INTEREST - 6 weeks of 45minute group tennis lessons with free play afterwards. Equipment supplied. **If you are interested please get in touch**

| LOCATION | DATE/CONSECUTIVE SESSIONS | TIME | \$ |
|---------------------|------------------------------|---------------|----|
| Kendall Tennis Club | 6 Thursdays starting 5th Feb | 9:00 – 9:45am | 85 |

PICKLEBALL - with Club Coach

Pickleball is easy to learn and easy on the body. Regardless of your age or physical fitness, it's the strategic element of Pickleball that makes it unlike any other racket sport. No playing experience required. Learn the basics. Equipment supplied. Free social play afterwards.

| LOCATION | DATE/CONSECUTIVE SESSIONS | TIME | \$ |
|---------------------|-------------------------------|----------------|----|
| Kendall Tennis Club | 6 Wednesdays starting 4th Feb | 9:30 - 10:30am | 85 |



SPECIAL INTEREST - Construction

BIRD WATCHING

Join our self-directed group to see great local scenery and beautiful native birds. The group meets every second Thursday of each month, 8.15am at the School of Arts car park, Laurieton. Transport for field trips are shared. Please BYO morning tea and a packed lunch.

| LOCATION | DATE/CONSECUTIVE SESSIONS | TIME | \$ |
|-------------------------|-------------------------------|--------|-----------|
| School of Arts Car Park | Second Thursday of each month | 8:15am | 2.50/year |

CRYPTIC CROSSWORD - Russell Taylor

Are you a fan of word games and puzzles, but have trouble cracking cryptic clues? Our beginner to intermediate-level course is perfect for you! We'll introduce you to the inner workings of the minds of compilers of these enigmatic puzzles, and you'll be completing them in no time. This fun and interactive 3-week course will have you enjoying years of solving cryptic crosswords. Enrol now and become a master at deciphering cryptic clues.

| LOCATION | DATE/CONSECUTIVE SESSIONS | TIME | \$ |
|--------------------------------|----------------------------|--------------|----|
| Camden Haven Community College | Tuesdays starting 24th Feb | 10 - 11:30am | 10 |

GRANNY FLATS FOR DUMMIES - with Alan Taylor

The journey has lots of traps. This two-day course attempts to open your eyes to these traps and explain how to workshop solutions. Then, you shouldn't be caught by surprise!

Day 1 deals with the importance of a contract and the ebbs and flows that go with it. Then, it touches on managing the building process so you're generally on top of problems before they escalate. Lots of anecdotes to explain the journey.

Day 2 walks through the process clearly and simply, from concept, plans approval, construction and handover. De-mystify the journey so you can concentrate on what you are interested in, not what intimidates you.

Again, anecdotes are provided to explain the issues best.

The course suits the curious, trades, developers, managers, building owners, owner builders, builders, home buyers.

5 CPD points on completion.

| LOCATION | DATE/CONSECUTIVE SESSIONS | TIME | \$ |
|--------------------------------|-------------------------------|---------|----|
| Camden Haven Community College | Tuesday 3 & Wednesday 4 March | 2 - 5pm | |



Wiyabu!

We are thrilled to extend a truly warm welcome as we kick off Term 1 for 2026!

We sincerely hope that everyone enjoyed a safe, relaxing and joyful festive break spent with friends and family. For every pound gained I am sure there is a wonderful story to tell.

Now, we hope you're looking forward to a great 2026, filled with lots of opportunities to meet new people and learn new things within our vibrant college community.

Inside this brochure, you'll find the firm favourites you know and love, such as our highly popular Tech Savvy Seniors classes, Write Your Story and Cryptic and Pickleball. We are also excited to introduce lots of fantastic new courses this year that are designed to stretch both our bodies and our brains!

As we explore new subjects and skills together, we take a moment to reflect on how lucky we are to live in the beautiful Camden Haven. We want to continue to maximize the benefits of our stunning environment through community engagement and learning. If you have a skill or passion you would like to share with others, please let us know. We are always looking for new adventures and opportunities to engage our would be students.

Finally, to everyone looking to undertake VET training with us this year—a big shout out! We are committed to providing a safe, inclusive, and supportive environment, dedicated to setting you up for success in your chosen career. You are an invaluable part of our community with the local aged and disability sector eager to talk to you about opportunities in the sector.

Welcome — let's learn and grow together this term.

Gilly Paxton *Manager*

CREATIVE ARTS, MUSIC & LANGUAGES

GERMAN - Learn to speak and write - with Monicka Lee

Are you considering learning a new language, either for your own interest, or future travel, or perhaps converse with family members of European heritage? Then why not consider learning to speak and write in basic German. I can teach you. We will learn a couple of German songs, if the interest is there. We will learn to say and write common greetings, phrases, names, numbers, days of the week, months of the year, names of animals, asking for directions, and follow a recipe. The final week the group will enjoy some delicious German food.

| LOCATION | DATE/CONSECUTIVE SESSIONS | TIME | \$ |
|--------------------------------|--------------------------------|-----------------|-----|
| Camden Haven Community College | 6 Wednesdays starting 11th Feb | 10:15am-12:15pm | 140 |

IMPROVE YOUR ENGLISH LITERACY SKILLS - with Monicka Lee

Need to improve your English Literacy Skills? Want to Speak better, Write better and Read better, and have lots of fun doing it?

This course certainly won't be boring! Be prepared to play interactive games, be a character in a play, laugh lots and speak confidently in front of a small group. Not only will this course be a great deal of fun, but you will learn practical strategies to improve your life and gain confidence - whether it be in the home, at work, in a social setting or just for your own personal growth.

| LOCATION | DATE/CONSECUTIVE SESSIONS | TIME | \$ |
|--------------------------------|--------------------------------|---------|----|
| Camden Haven Community College | 6 Wednesdays starting 11th Feb | 1 - 3pm | 0 |



MUSIC/GUITAR Level 2 - with Greg Ford

Introduction to Guitar and Music Theory Level 2. Learning the basics of the guitar combined with music theory will give you a solid foundation for your future as a guitarist or any other treble instrument. You will need to bring your instrument, pen and paper.

| LOCATION | DATE/CONSECUTIVE SESSIONS | TIME | \$ |
|--------------------------------|--------------------------------|------------|-----|
| Camden Haven Community College | 6 Wednesdays starting 18th Feb | 3 - 4:30pm | 140 |

CREATIVE ARTS, MUSIC & LANGUAGES

THE PHOTOGRAPHERS EYE - with Rafael Ben Ari

Basic tips and techniques for better photography skills by award winning documentary travel photographer. Rafael Ben Ari has been at the forefront of photography taking his story telling worldwide. Students will be required to bring their own camera and lens. **This course is not suitable for mobile phone camera use.**

| LOCATION | DATE/CONSECUTIVE SESSIONS | TIME | \$ |
|--------------------------------|----------------------------------|--------------|-----|
| Camden Haven Community College | 6 Tuesdays starting 3rd February | 10am-12:00pm | 140 |

WRITE YOUR STORY: Crafting Memoir and Fiction - with Tash Azure

Discover your authentic writer's voice. Learn how to write a compelling story from your unique point of view. Join our friendly group of beginner writers. The NSW Government fully subsidises this course for eligible participants who commit to attend at least 6 out of 8 classes per term. Spaces fill quickly. Enrol now!

| LOCATION | DATE/CONSECUTIVE SESSIONS | TIME | \$ |
|--------------------------------|-----------------------------------|---------------|----|
| Camden Haven Community College | 8 Tuesdays starting 10th February | 9:30 -11:30am | 0 |

HEALTH & WELLBEING

MENTAL HEALTH FIRST AID - with Bev Hume

This two day course equips adults with the knowledge, skills and confidence to recognise, understand and respond to a friend, family member, co-worker, or another adult experiencing a mental health problem or mental health crisis. Using a practical, evidence-based action plan, course participants learn how to approach someone they are concerned about, initiate a conversation, provide support and information, and encourage professional help-seeking. Mental Health First Aid is suitable for businesses, volunteers, organisations and any member of the community. It is not a support or therapy group. This training is subsidised by the NSW Government.

| LOCATION | DATE/CONSECUTIVE SESSIONS | TIME | \$ |
|--------------------------------|---------------------------|-----------------|----|
| Camden Haven Community College | Friday 20 & 27 February | 9:00am - 3:30pm | 0 |

