

CAMDEN HAVEN COMMUNITY COLLEGE

RTO 90018



Inform yourself,
transform your life!

LAURIETON
Program Guide

Jan-Mar 2022

Camden Haven Community College acknowledges and pays our respect to the Biripi people, the Traditional Custodians of the land on which we are based. We pay our respect to their Elders, past, present and emerging and acknowledge all Aboriginal and Torres Strait Islanders based on or visiting Biripi Country.

Welcome!

Wiyabu (hello) - Our Community College welcomes you all to another exciting year of learning. We have quite a range of lifestyle courses from which you can choose as well as our accredited Aged and Disability care certificates.

Sadly this brochure is also about saying gapu (goodbye) to a very special person, Joneen Troup. Joneen has been the Manager of Camden Haven Community College since 2000 and has worked with the College for over 23 years. Joneen is stepping into retirement, something she definitely deserves. Marrumbu (thank you) Joneen for sharing your energy, wit and nurturing nature with us all. We wish you well in retirement. We know that your energy and commitment to lifelong learning will not let you sit still for long and look forward to you choosing a course from this brochure to keep that active mind of yours involved!

With endings come beginnings and we are excited to welcome Gilly Paxton who is stepping into the role of Manager of our College. We wish you well, Gilly, in your new position and know that your commitment to community will bode well for the future of our College.



How to Enrol



Visit www.chace.org.au



Call (02) 6559 6699



Email life@chace.org.au



In person at 16-18 Laurie Street, Laurieton

On the Front Cover

Pictured are students from our Basic Foundations Skills group who meet regularly each week. They were presented with Certificates of Participation from their trainer, Margaret Kernahan, at a farewell lunch before Marg's retirement. From left to right is: Jessica Marshall, Kylie Barefoot, Chelsea Kelly, Lynda Elliott, Vicki Marshall and Bernard Moran.

CREATIVE ARTS, FOOD & MUSIC

COOKING: ASIAN & MIDDLE EASTERN CUISINE – with Tin Hta Nu

Using seasonal Asian vegetables from her organic farm, Tin will work with you to cook and create a medley of delicious Asian and Middle Eastern dishes. Included is an entrée, 2 main dishes, 2 side dishes, a snack and 2 desserts. Please bring your own chopping boards, knives, apron and at least 6 containers to take home your creations.

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Kendall Community Centre	Sunday 13 March	10am - 2pm	80

DSLR PHOTOGRAPHY INTRODUCTION – with Peter Green

Turn your dial off Auto and get to know your DSLR camera to unleash its full potential. This course will cover using manual camera settings, composition and additional gear that will start you off on your photography journey. Please bring your DSLR, a notepad and pen.
Note: The second session will be a 3 hour local walk to practise photo taking, 8am-11am. This training is subsidised by the NSW Government.

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Camden Haven Community College	3 Thursdays starting 10 Mar	9am - 3pm	0

GUITAR – with Charles Doyle

An exciting opportunity to learn and play guitar. You will be a part of a small group learning to play songs in an enjoyable and positive environment. Unleash your inner Guitarist!

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Camden Haven Community College	4 Thursdays starting 17 Feb	6pm - 7:30pm	80

PHOTOGRAPH EDITING – with Peter Green

Learn how to really make your photos pop and correct those in-camera exposure errors. The course will cover Adobe Lightroom and corrections to exposure, contrast and white balance, shadows and highlights adjustments, sharpening and noise reduction, spot adjustments and spot removal. See <https://www.chace.org.au/photograph-editing> for more information.

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Camden Haven Community College	Thursday 31 Mar	9am - 2pm	65

WRITE YOUR STORY—with Lisa Head

Would you like to write your story? It might be a series of short stories about your past, a fictional story you have always wanted to write, or your memoirs. This course is designed to get you started and (perhaps to your surprise) find how interesting your story really is! Runs for 2 terms at 8 consecutive weeks per term. This training is fully subsidised by the NSW Government.

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Camden Haven Community College	Term 1 begins Tues 8 Feb	9:30am - 10:30am	0

CULTURE & LANGUAGE

ENGLISH FOR WORK & EVERYDAY PURPOSES —with Lisa Head

Designed for students who have English as a second language, this course aims to improve your understanding and use of *Everyday Australian*. Included will be English language skills in speaking, reading and writing. Classes run over 2 terms at 8 weeks per term. This course is fully subsidised by the NSW Government.

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Camden Haven Community College	Term 1 begins Tues 8 Feb	11am - 12pm	0

SPANISH FOR BEGINNERS—with Silvia Fernandez

A practical and fun introduction to the Spanish language—or you can use it to build on the basic knowledge you may already have. Ideal for those planning to travel anywhere in the Spanish-speaking world.

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Camden Haven Community College	6 Mondays starting 14 Feb	6pm - 8pm	120

SPANISH FOR BEGINNERS PART 3—with Silvia Fernandez

Explore the next steps in your Spanish language journey.

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Camden Haven Community College	6 Wednesdays starting 16 Feb	6pm - 8pm	120

HEALTH, SPORT & WELLBEING

BUDDHISM IN EVERYDAY LIFE — with Tin Hta Nu

Interactive discussions on how the teachings of the Buddha are applied in everyday life. Methods such as loving kindness meditation, tranquil meditation and insight meditation based on the four foundations of mindfulness will be demonstrated. The workshop will conclude with a light vegetarian lunch, practising mindful eating.

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Kendall Community Centre	Saturday 12 March	10am - 2pm	45

GOLF — with Luke Garel

Come and enjoy professional tuition at the beautiful Kew Country Club. All equipment supplied. Please wear comfortable shoes and neat attire.

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Kew Country Club	5 Tuesdays starting 8 Feb	10am - 11am	90

HEALTH, SPORT & WELLBEING

DANCING – with Graham (Joe) Maguire

Learn to Dance! Suitable for both beginners and those with experience, by yourself or with a partner. Dance styles include Rock 'N' Roll, Waltz, Cha Cha, Slow Rhythm and Rumba. Basic Foundation of all Dances plus some variations, also introducing Festival Jive which is a New Vogue Dance (Enclosed hard-soled shoes preferable and bring some water.)

We are also looking for expressions of interest in learning Australian New Vogue Dances from beginners to advance levels, singles welcome.

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Camden Haven Catholic Church Hall	6 Wednesdays starting 16 Feb	6:30pm - 8:30pm	100

STANDARD MENTAL HEALTH FIRST AID – with Bev Moss

This training will teach you practical skills to recognise common mental health problems; provide initial help using a practical evidence-based Action Plan; seek appropriate professional help; and respond to a mental health crisis situation. This is an educational course, not a support or therapy group. Mental Health First Aid is suitable for businesses, volunteers, organisations, and any member of the community. This training is subsidised by the NSW Government.

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Camden Haven Community College	4 Fridays starting 18 Feb	9:30am - 1:00pm	0

SPECIAL INTEREST

GENEALOGY FOR BEGINNERS – with Trudy Hardy

Navigate your way through resources and avenues online to piece together a historical record of your family. You will begin by looking at yourself and then working backwards, through the generations in your family.

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Camden Haven Community College	4 Wednesdays starting 16 Feb	6pm - 8pm	80

BUILDING CONTRACTS – with Alan Taylor

Suitable for first and second home buyers, renovators, builders, developers and sub-trades. Learn how to understand and integrate some key components such as: different uses of contracts, components, litigation and associated costs, negotiation, strategy, strength (accuracy), communication skills and much more. Please bring pencil and paper. (5 CPD Points available upon task completion.) This training is subsidised by the NSW Government.

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Camden Haven Community College	Monday 7 Mar	3pm - 7pm	0

SPECIAL INTEREST

PROJECT MANAGEMENT – with Alan Taylor

The process is a surprise, but once you have it, it works for all types of projects—whether making a cake, organising a rock concert or building a bridge. Examples of anecdotes to explain the journey. Suitable for builders, tradies O/B developers, and suppliers. (5 CPD Points available upon task completion.) This course is subsidised by the NSW Government.

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Camden Haven Community College	Tuesday 8 & Wednesday 9 Mar	3pm - 6pm	0

GRANNY FLATS FOR DUMMIES – with Alan Taylor

Thinking of building an extension, new build or granny flat? Let's walk through the process, clearly and simply, from concept, plans approval, construction and handover. De-mystify the journey so you can concentrate on what you are interested in, not what intimidates you. Suitable for builders, tradies O/B developers, and suppliers. (5 CPD Points available upon task completion.) This training is subsidised by the NSW Government.

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Camden Haven Community College	Monday 14 Mar	3pm - 7pm	0

TECHNOLOGY

COMPUTING BASICS – with Robyn Martin

Changing jobs, thinking of going back to study or simply feeling you want to improve your skills? We will cover using Windows, word-processing, spreadsheets, keyboarding and typing and general problem solving. This training is subsidised by the NSW Government.

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Camden Haven Community College	3 Fridays starting 18 Feb	9:30am - 11:30am	0

COMPUTING BASICS PART 2 – with Robyn Martin

Building on the Computing Basics course, you will expand your skill base with Windows 10 and MS Office programs. We will cover downloading apps and transferring files to and from other devices. This training is subsidised by the NSW Government.

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Camden Haven Community College	3 Fridays starting 1 Apr	9:30am - 11:30am	0

IPADS COMPREHENSIVE—with Robyn Martin

A comprehensive guide of the basics through to more advanced iPad skills with plenty of question/answer time throughout the course. Come and enjoy exploring your iPad with other users. This training is subsidised by the NSW Government.

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Camden Haven Community College	3 Fridays starting 4 Mar	12:15pm - 2:45pm	0

TECHNOLOGY

MICROSOFT WORD – with Robyn Martin

A course designed for writers, job seekers and those volunteers who've taken on secretarial and similar work for their organisation. It covers the basics through to the skills required to produce professional documents. This training is subsidised by the NSW Government.

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Camden Haven Community College	3 Fridays starting 1 Apr	12:15pm - 2 :45pm	0

ONE-TO-ONE TRAINING – with Robyn Martin

Arrange a one-hour session to address your particular areas of need; computers, phones etc.

LOCATION	DATE & TIME	\$
Camden Haven Community College	Phone or email the college to negotiate date & time.	60

WINDOWS 10 INTRODUCTION – with Robyn Martin

Learn the basics of navigating this system and how to create, save and transfer your files. This course demonstrates how to use many of the Windows 10 new features. This training is subsidised by the NSW Government.

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Camden Haven Community College	3 Fridays starting 28 Jan	9:30am - 11:30am	0

WINDOWS 10 INTRODUCTION PART 2 – with Robyn Martin

Building on the Windows 10 Introduction course, we cover more of the programs that come with this operating system. Includes tips and tricks for using the Net; the inbuilt antivirus software; how to find lost files and more. This training is subsidised by the NSW Government.

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Camden Haven Community College	3 Fridays starting 11 Mar	9:30am - 11:30am	0

TECH SAVVY SENIORS



Tech Savvy Seniors is a NSW Government initiative in partnership with Telstra for seniors aged 60 and above or Aboriginal or Torres Strait Islander seniors aged 50 years and above. As a result of this initiative the following courses are offered to eligible participants at no cost. BYO devices with full charge.



COURSE NAME	DATE	TIME	\$
Introduction to Android Phones	Fri 28 Jan	12:15pm - 2:45pm	0
Introduction to iPhones	Fri 4 Feb	12:15pm - 2:45pm	0
Introduction to Email on Laptop or Tablet	Fri 11 Feb	12:15pm - 2:45pm	0
Introduction to Tablets: Android	Fri 25 Feb	12:15pm - 2:45pm	0

SKILLED TRAINING

Enrolments and expressions of interest are now being taken for courses in Laurieton. If you are ready to take the next step and would like to know more about our accredited courses and enrolment, please contact our training manager, Veronica, by email at veronica@chace.org.au.

COURSE NAME		COST	DETAILS
-------------	--	------	---------

AGED CARE

CHC33015 Certificate III in Individual Support (Ageing, Disability & Home and Community)		*Fees subject to subsidy eligibility	Mon-Thurs 9am-3pm Starting 7 Feb 17 week duration
---	---	--------------------------------------	--

About this course: This qualification reflects the role of support workers in the community and/or residential setting following an individualised plan to provide person-centered support to people who may require assistance due to ageing, disability or some other reason.

CHC43015 Certificate IV in Ageing Support		*Fees subject to subsidy eligibility	Every 2nd Friday 9am-3pm Start date TBA 7 months
--	---	--------------------------------------	---

Currently taking expressions of interest for a course to be held in Laurieton, starting July 2022.

FIRST AID

HLTAID011 Provide First Aid		*Fees subject to subsidy eligibility	17 and 21 Feb 9am-3pm
------------------------------------	---	--------------------------------------	--------------------------

About this course: This unit describes the skills and knowledge required to perform and apply first aid procedures for those first to encounter an accident scene, incident in the home/community or workplace emergency.

FOOT CARE

CHCCCS013 Provide Basic Foot Care		*Fees subject to subsidy eligibility	Friday 25 Mar 9am-3pm
--	---	--------------------------------------	--------------------------

About this course: This qualification reflects the role of support workers in the community and/or residential setting following an individualised plan to provide person-centered support to people who requires assistance due to disability.

SEIZURE MANAGEMENT

Seizure Management Workshop	Non-Accredited	\$125.00	Friday 25 Feb 9am-3pm
------------------------------------	----------------	----------	--------------------------

About this course: In this one-day workshop you will learn about and cover the different types of seizures and phases, seizure triggers, seizure first aid, epilepsy management plans and medication management plans.

*This training is subsidised by the NSW Government for eligible participants