## CAMDEN HAVEN COMMUNITY COLLEGE



LAURIETON PROGRAM GUIDE

Welcome to our current course guide, on offer in the Camden Haven community.

Demand has been high for many of the courses listed, so we encourage you to not delay enrolling into your course/s of interest— waiting lists will be created for anyone who may initially miss out.

When arriving at the college, you are required by the NSW Government to sign into our QR code using the Service NSW app on your smartphone (help will be given if needed). If this is not possible, you will need to sign on to our COVID-19 checklist and have your temperature taken. Thank you for your understanding in this matter.

Please note: Payment must be made 7 days before your course begins to confirm your position. For subsidised Lifestyle courses with no fee, please only enrol if you are certain you can make it—cancellations must be made at least 7 days prior to course commencement—so that waitlisted students have an opportunity to attend and class numbers can be finalised in due time. Also note: due to unfairness of last minute cancellations, students who do not (within reason) give us at least 7 days notice of cancellation, may be denied future positions in subsidised Lifestyle courses.

## **How to Enrol**

#### Visit our website

https://www.chace.org.au



#### Call us

(02) 6559 6699



#### **Email our office**

admin@chace.org.au





Apr - Jun 2021

## **CREATIVE ARTS, FOOD & LANGUAGE**

#### COOKING: ASIAN & MIDDLE EASTERN CUISINE - with Tin Hta Nu

Using seasonal Asian vegetables from her organic farm, Tin will work with you to cook and create a medley of delicious Asian and Middle Eastern dishes. Included is an entrée, 2 main dishes, 2 side dishes, a snack and 2 desserts. Please bring your own chopping boards, knives, aprons and containers to take home your creations.

LOCATION	START DATE	TIME	CONSECUTIVE SESSIONS	\$	
Kendall Community Centre	Sun 30 May OR Sun 6 Jun	10am—2pm	1	80	



## **GUITAR** — with Charles Doyle

An exciting opportunity to learn and play guitar. You will be a part of a small group learning to play songs in an enjoyable and positive environment. Unleash your inner Guitarist!

LOCATION	START DATE	TIME	CONSECUTIVE SESSIONS	\$
Camden Haven Community College	Thurs 13 May	6pm—7:30pm	4	80

#### SPANISH FOR BEGINNERS: PART 2 — with Silvia Fernandez

Explore the next steps in your Spanish language journey.

LOCATION	START DATE	TIME	CONSECUTIVE SESSIONS	\$
Camden Haven Community College	Wed 5 May	6pm—8pm	6	120

### SPANISH FOR BEGINNERS: PART 3 - with Silvia Fernandez

Dive deeper into your Spanish language journey.

LOCATION	START DATE	TIME	CONSECUTIVE SESSIONS	\$
Camden Haven Community College	Fri 7 May	6pm—8pm	6	120

## **HEALTH, SPORT & WELLBEING**

#### **BUDDHISM IN EVERYDAY LIFE — with Tin Hta Nu**

Learn to apply concepts set up by The Buddha to combat the stresses of everyday life. Examples of how to practice loving kindness and insight meditation to calm the mind and understand oneself will be demonstrated, as well as discussion on the Buddhist approach to dealing with contemporary issues.

LOCATION	STAR DATE	TIME	CONSECUTIVE SESSIONS	\$
Kendall Community Centre	Sat 29 May	10am—2pm	1	40

#### MY JOURNEY: LIVING WELL WITH THE END IN MIND - with Relie Hart

This series creates time and space for deeper discussion and sharing about life and death. Over two weeks, explore the entwined relationship between life and death, bringing our mortality more fully into our awareness. This workshop will shine a light on what each of us know innately—that holding our mortality in our awareness everyday can support us to live with 'intention and attention' to what's really important.

LOCATION	START DATE	TIME	CONSECUTIVE SESSIONS	\$
Camden Haven Community College	Wed 5 May	10am—1pm	2	50

## MY JOURNEY: ACTIVELY PLANNING AHEAD — with Relie Hart

Advance Care Planning with a difference. It's much more than paperwork; this is planning from a holistic space! You will explore the very human side of Advance Care Planning. With a reflective framework, be supported to uncover what it is that you will need and want if you are not able to speak for yourself in a medical emergency, serious illness, or at your end-of-life. This workshop can also support you to review existing planning from a new and deeper perspective.

LOCATION	START DATE	TIME	CONSECUTIVE SESSIONS	\$
Camden Haven Community College	Wed 19 May	10am—1pm	2	50

#### MY JOURNEY: DEATH & FUNERALS - with Relle Hart

Over two weeks we will take a deeper look at holistic death-care and funeral options, how you can really honour a life well lived by having more involvement in the funeral process. We will also explore what you can put in place now to give you and your family peace of mind.

LOCATION	START DATE	TIME	CONSECUTIVE SESSIONS	\$
Camden Haven Community College	Wed 2 Jun	10am—1pm	2	50

## **HEALTH, SPORT & WELLBEING**

## **DANCING – with Graham (Joe) Maguire**

Learn to Dance! Suitable for both beginners and those with experience, by yourself or with a partner. Dance styles include Rock 'N' Roll, Argentine Tango, Waltz, Cha-Cha, Slow Rhythm and Rumba. (Enclosed hard-soled shoes preferable and bring some water.)

LOCATION	START DATE	TIME	CONSECUTIVE SESSIONS	\$
North Haven Hall	Wed 5 May	6:30—8:30pm	6	100

#### **GOLF** — with Luke Garel

Come and enjoy professional tuition at the beautiful Kew Country Club. All equipment supplied. Please wear comfortable shoes and neat attire.

LOCATION	START DATE	TIME	CONSECUTIVE SESSIONS	\$
Kew Country Club	Tues 11 May	10am—11am	5	90



#### SPECIAL INTERESTS

## **BUILDING CONTRACTS — with Alan Taylor**

Suitable for first and second home buyers, renovators, builders, developers and sub-trades. Learn how to understand and integrate some key components such as: different uses of contracts, components, litigation and associated costs, negotiation, strategy, strength (accuracy), communication skills and much more. Please bring pencil and paper. (5 CPD Points available upon task completion.) This training is subsidised by the NSW Government.

LOCATION	START DATE	TIME	CONSECUTIVE SESSIONS	\$
Camden Haven Community College	Thurs 6 May	3—7pm	2	0

## **PROJECT MANAGEMENT — with Alan Taylor**

The process is a surprise, but once you have it, it works for all types of projects—whether making a cake, organising a rock concert or building a bridge. Examples of anecdotes to explain the journey. Suitable for builders, tradies O/B developers, and suppliers. (5 CPD Points available upon task completion.) This course is subsidised by the NSW Government.

LOCATION	START DATE	TIME	CONSECUTIVE SESSIONS	\$
Camden Haven Community College	Thurs 13 & Fri 14 May	3—5pm	2	0

## **SPECIAL INTERESTS**

## **GENEALOGY FOR BEGINNERS – with Trudy Hardy**

Navigate your way through resources and avenues online to piece together a historical record of your family. You will begin by looking at yourself and then working backwards, through the generations in your family.



LOCATION	START DATE	TIME	CONSECUTIVE SESSIONS	\$
Camden Haven Community College	Wed 12 May	6—8pm	4	80

## **GRANNY FLATS FOR DUMMIES – with Alan Taylor**

Thinking of building an extension, new build or granny flat? Let's walk through the process, clearly and simply, from concept, plans approval, construction and handover. Demystify the journey so you can concentrate on what you are interested in, not what intimidates you. Suitable for builders, tradies O/B developers, and suppliers. (5 CPD Points available upon task completion.) This training is subsidised by the NSW Government.



LOCATION	START DATE	TIME	CONSECUTIVE SESSIONS	\$
Camden Haven Community College	Thurs 20 May	3—7pm	2	0

## TRAVELLING BY CAR: AUSTRALIA OR THE WORLD! - with Alan Taylor

How would you like to go on a 4WD trip like few before you? We'll cover things such as how to travel and camp safely, what (and what not) to bring, avoid paying camp fees, gravel road and bush toilet etiquette, basic star navigation and fundamental 4WD use.

LOCATION	START DATE	TIME	CONSECUTIVE SESSIONS	\$
Camden Haven Community College	Thurs 27 May	3—6pm	1	60





## **COMPUTING BASICS: PART 3 — with Robyn Martin**

For those who have attended our Part 1 and Part 2 Computing Basics courses. Build on what you have learned—we'll cover file management, security, using the Net to problem solve and find helpful tips, tutorials and more.

LOCATION	START DATE	TIME	CONSECUTIVE SESSIONS	\$
Camden Haven Community College	Wed 16 Jun	12:30pm—2:30pm	2	60

## INTERNET BASICS: NAVIGATION & SECURITY — with Robyn Martin

Learn how to navigate the Net safely, update software for secure web browsing and clear cookies and cache to keep things running smoothly.

LOCATION	START DATE	TIME	CONSECUTIVE SESSIONS	\$
Camden Haven Community College	Wed 19 May	12:30pm—2:30pm	2	60

#### IPHONES: BASICS & MORE - with Rob Martin

Calls, texts, video calls, settings and security—let's explore the basics of your iPhone and some of the handy apps that come preinstalled with it. Ask questions and learn new tricks. These sessions will give you the confidence to enjoy using your phone.

LOCATION	START DATE	TIME	CONSECUTIVE SESSIONS	\$
Camden Haven Community College	Fri 11 Jun	9:30am—11:30am	2	60

#### ANDROID PHONES: BASICS & MORE - with Rob Martin

Run through the basics of using your phone—managing contacts, deleting messages, using preinstalled apps and how to download new ones. Explore settings such as online backup and storage and how to hotspot. Become confident and enjoy using your phone!

LOCATION	START DATE	TIME	CONSECUTIVE SESSIONS	\$
Camden Haven Community College	Fri 11 Jun	12:30pm—2:30pm	2	60

## **TECHNOLOGY**

#### ONE-TO-ONE TRAINING — with Rob Martin

Arrange a one-hour session to address your particular areas of need — computers, phones, tablets etc.

LOCATION	START DATE	TIME	CONSECUTIVE SESSIONS	\$
Camden Haven Community College	, ,	r's availability. Phone ollege to negotiate.	1	60

### **PHOTOGRAPH EDITING – with Peter Green**

Learn how to really make your photos pop and correct those in-camera exposure errors. Covering many aspects of editing and touching on merging and blending images such as panorama creation and multiple exposures. Requires computer literacy and a laptop with relevant software. See https://www.chace.org.au/photograph-editing for more info.

LOCATION	START DATE	TIME	CONSECUTIVE SESSIONS	\$
Camden Haven Community College	Mon 21 Jun	9am—12pm	1	30



#### **SUNRISE PHOTOGRAPHY – with Peter Green**

Set the alarm, grab a warm coat and bring a hot coffee for an early morning shoot. Be guided in capturing the magical moment and gorgeous light that happens at dawn. Panorama images will also be visited. Requires DSLR Camera with manual mode, existing basic knowledge of changing settings in Manual mode and a tripod or camera support. See https://www.chace.org.au/sunrise-photography for more info.

LOCATION	START DATE	TIME	CONSECUTIVE SESSIONS	\$
Bunny's Corner, North Haven	Mon 21 Jun	6am—8:30am	1	25



## **TECHNOLOGY**

#### **TABLETS** — with Rob Martin

From novice to competent user. Gain both confidence and skills as we cover the basics of your tablet. Beginners welcome.

LOCATION	START DATE	TIME	CONSECUTIVE SESSIONS	\$
Camden Haven Community College	Fri 21 May	12:30pm—2:30pm	3	80

#### **TABLETS: IPAD – with Rob Martin**

From novice to competent user. This course will cover the introductory basics of your Apple iPad. Beginners welcome.

LOCATION	START DATE	TIME	CONSECUTIVE SESSIONS	\$
Camden Haven Community College	Fri 30 Apr	12:30pm—2:30pm	3	80



# CHC33015 CERTIFICATE III IN INDIVIDUAL SUPPORT (Ageing & Disability)

Are you ready to learn new skills?

Are you seeking a rewarding career in an industry with high employment opportunities? This could be the course for you!

A nationally recognised qualification for gaining employment in a rewarding career as a support worker in a care environment.

This qualification reflects the role of support workers in the community and/or residential setting following an individualised plan to provide person-centered support to people who may require assistance due to ageing, disability or some other reason.

## Laurieton

#### Enrolment and Information session:

LOCATION	DATE	TIME
Camden Haven Community College training room, located in Shop 4/ 16-18 Laurie St	Mon 3 May	9:30am—12:30pm

Note: Course commences on Monday 10 May—above details are for enrolment/info session only.