

CAMDEN HAVEN & MANNING VALLEY COMMUNITY COLLEGE

RTO 90018



Inform yourself,
transform your life!

**Manning Valley
Program Guide**

Jan-Mar 2022

Camden Haven & Manning Valley Community College acknowledges and pays our respect to the Biripi people, the Traditional Custodians of the land on which we are based. We pay our respect to their Elders, past, present and emerging and acknowledge all Aboriginal and Torres Strait Islanders based on or visiting Biripi Country.

Welcome!

Wiyabu (hello) - Our Community College welcomes you all to another exciting year of learning. We have quite a range of lifestyle courses from which you can choose as well as our accredited Aged and Disability care certificates.

Sadly this brochure is also about saying gapu (goodbye) to a very special person, Joneen Troup. Joneen has been the Manager of Camden Haven Community College since 2000 and has worked with the College for over 23 years. Joneen is stepping into retirement, something she definitely deserves. Marrumbu (thank you) Joneen for sharing your energy, wit and nurturing nature with us all. We wish you well in retirement. We know that your energy and commitment to lifelong learning will not let you sit still for long and look forward to you choosing a course from this brochure to keep that active mind of yours involved!

With endings come beginnings and we are excited to welcome Gilly Paxton who is stepping into the role of Manager of our College. We wish you well, Gilly, in your new position and know that your commitment to community will bode well for the future of our College.



How to Enrol



Visit www.chace.org.au



Call (02) 6559 6699



Email life@chace.org.au



In person—an office is coming soon!

On the Front Cover

Pictured are students from our Basic Foundations Skills group who meet each week in Laurieton. They were presented with Certificates of Participation from their trainer, Margaret Kernahan, at a farewell lunch before Marg's retirement. From left to right is: Jessica Marshall, Kylie Barefoot, Chelsea Kelly, Lynda Elliott, Vicki Marshall and Bernard Moran.

CULTURE & LANGUAGE

ITALIAN FOR BEGINNERS – with Michelina Sirianni

Will you be on that first flight out to Italy? Then start your Italian language learning journey now. From basic introductions through to grammatical nuances, you will learn the fun and easy way to get back to the country we all love to visit.



LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Shop 5/11-17 Manning St, Osborne Chambers, Taree	6 Tuesdays starting 8 Feb	5:30pm—7:30pm	140

CREATIVE ARTS & MUSIC



DSLR PHOTOGRAPHY: AN INTRODUCTION – with Peter Green

Turn your dial off Auto and get to know your DSLR camera to unleash its full potential. Please bring your DSLR camera, a notepad and pen.

Note: The second session will be a three-hour local walk to practise photo taking, 8am—11am. This training is subsidised by the NSW Government.

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Shop 5/11-17 Manning St, Osborne Chambers, Taree	3 Thursdays starting 3 Feb	9am—3pm	0

PHOTOGRAPH EDITING – with Peter Green

Learn how to really make your photos pop and correct those in-camera exposure errors. The course will cover Adobe Lightroom and corrections to exposure, contrast and white balance, shadow and highlight adjustments, sharpening and noise reduction, spot adjustments and spot removal. See <https://www.chace.org.au/photograph-editing> for more information.

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Shop 5/11-17 Manning St, Osborne Chambers, Taree	Thursday 24 Feb	9am—2pm	65

HEALTH, SPORT & WELLBEING

MENTAL HEALTH FIRST AID – with Bev Moss

This training will teach you practical skills to recognise common mental health problems; provide initial help using a practical evidence-based Action Plan; seek appropriate professional help; and respond to a mental health crisis situation. It is an educational course, not a support or therapy group. MHFA is suitable for businesses, volunteers, organisations, and any member of the community. This training is subsidised by the NSW Government.

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Shop 5/11-17 Manning St, Osborne Chambers, Taree	4 Mondays starting 21 Feb	9:30am—1:00pm	0

TECHNOLOGY



WINDOWS 10 INTRODUCTION – with Robyn Martin

Learn the basics of navigating this system and how to create, save and transfer your files. This course demonstrates how to use many of the Windows 10 new features. This training is subsidised by the NSW Government.

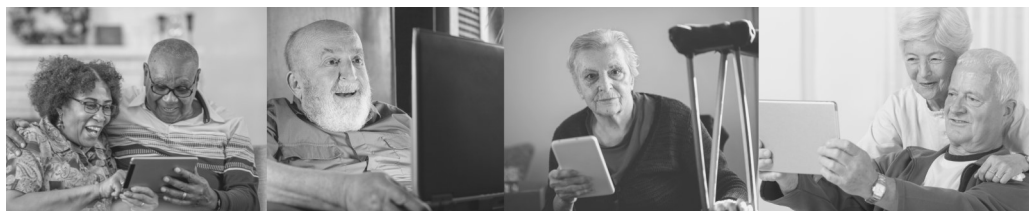
LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Shop 5/11-17 Manning St, Osborne Chambers, Taree	3 Wednesdays starting 19 Jan	9:30am—12pm	0

WINDOWS 10 INTRODUCTION PART 2 – with Robyn Martin

Building on the Windows 10 Introduction course, we cover more of the programs that come with this operating system. Includes tips and tricks for using the Net; the antivirus software that's built in to W10; how to find lost files; transferring multiple files at once to a new folder or different drive and how to find out details about your system. This training is subsidised by the NSW Government.

LOCATION	DATE/CONSECUTIVE SESSIONS	TIME	\$
Shop 5/11-17 Manning St, Osborne Chambers, Taree	3 Wednesdays starting 9 Mar	9:30am—12pm	0

TECH SAVVY SENIORS



Tech Savvy Seniors is a NSW Government initiative in partnership with Telstra for seniors aged 60 and above or Aboriginal or Torres Strait Islander seniors aged 50 years and above. As a result of this initiative the following courses are offered to eligible participants at no cost. For beginners, the below sessions give you a basic introduction into the technologies listed. Using a fun and hands-on approach, you will gain the confidence to get connected and participate in the online world around you.



COURSE NAME	LOCATION	DATE	TIME
Introduction to Email BYO laptop or tablet, fully charged.	Shop 5 11-17 Manning St, Osborne Chambers, Taree	Wed 2 Feb	12:45pm—3:15pm
Introduction to Tablets: Android BYO Android Tablet, fully charged.		Wed 9 Mar	12:45pm—3:15pm
Introduction to Tablets: iPad BYO iPad, fully charged.		Wed 16 Mar	12:45pm—3:15pm
Introduction to iPhones BYO iPhone, fully charged.		Wed 23 Mar	12:45pm—3:15pm

SKILLED TRAINING



Enrolments and expressions of interest are now being taken for courses in Taree and Forster.

If you are ready to take the next step and would like to know more about our accredited courses and enrolment, please contact our training manager, Veronica, by email at veronica@chace.org.au. You can also visit our website for further course details at www.chace.org.au.

COURSE NAME		LOCATION	COST	DETAILS
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AGED CARE

CHC33015 Certificate III in Individual Support (Ageing, Disability & Home and Community)		Taree	*Fees subject to subsidy eligibility	Mon-Thurs 9am-3pm Starting 31 Jan 17 week duration
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About this course: This qualification reflects the role of support workers in the community and/or residential setting following an individualised plan to provide person-centered support to people who may require assistance due to ageing, disability or some other reason.

CHC43015 Certificate IV in Ageing Support		Taree	*Fees subject to subsidy eligibility	Every 2nd Friday 9am-3pm Starting 25 Feb 7 months
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About this course: This qualification reflects the role of support workers who complete specialised tasks and functions in aged services; either in residential, home or community-based environments. Workers will take responsibility for their own outputs within defined organisation guidelines and maintain quality service delivery through the development, facilitation and review of individualised service planning and delivery. Workers may be required to demonstrate leadership and have limited responsibility for the organisation and the quantity and quality of outputs of others within limited parameters.

DISABILITY

CHC33015 Certificate III in Individual Support (Disability)		Forster	*Fees subject to subsidy eligibility	Mon-Thurs 9am-3pm Starting 14 Feb 13 week duration
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About this course: This qualification reflects the role of support workers in the community and/or residential setting following an individualised plan to provide person-centered support to people who requires assistance due to disability.

*This training is subsidised by the NSW Government for eligible participants

SKILLED TRAINING


COURSE NAME		LOCATION	COST	DETAILS
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FIRST AID

HLTAID011 Provide First Aid		Taree	*Fees subject to subsidy eligibility	17 and 21 Feb 9am-3pm
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About this course: Learn the essential skills in our safe simulated learning environment with the latest tools and technology. Use our training defibrillator under the guidance of our highly experienced Critical Care Nurse to shock our manikins and to assist you to understand that a prompt response can save lives. This unit describes the skills and knowledge required to perform and apply first aid procedures for those first to encounter an accident scene, incident in the home/community or workplace emergency.

FOOT CARE

CHCCCS013 Provide Basic Foot Care		Taree	*Fees subject to subsidy eligibility	Friday 4 Mar 9am-3pm
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About this course: This course applies to carers in the community and those providing person-centred support. During this one day accredited course you will be provided information on basic foot anatomy, physiology, hygiene, common foot and nail complaints and ways to address them for those people not requiring the services of a professional podiatrist.

MANUAL HANDLING

Manual Handling Workshop	Non-Accredited	Taree	\$125.00	Friday 1 Apr 9:30am-12:30pm
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About this course: Protect your spine as we only get one each in our lifetime. This hands on workshop applies to carers in the community and those providing person-centred support to minimise the risk of injury to self or the person receiving care. A range of equipment will be utilised to demonstrate how to transfer a person safely reducing the risk of sustaining an injury to yourself following the principles of safe and effective manual handling techniques.

SEIZURE MANAGEMENT

Seizure Management Workshop	Non-Accredited	Taree	\$125.00	Friday 18 Feb 9:30am-12:30pm
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About this course: In this one-day workshop you will learn about and cover the different types of seizures and phases, seizure triggers, seizure first aid, epilepsy management plans and medication management plans.

*This training is subsidised by the NSW Government for eligible participants



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*Providing lifestyle and vocational courses to our local communities,
for over thirty years, in the Camden Haven and Manning Valley.*



A sneak peek of our new office space in Tareel!