

CAMDEN HAVEN & MANNING VALLEY COMMUNITY COLLEGE

RTO 90018



Inform yourself,
transform your life!

**Manning Valley
Program Guide**

Apr - Jun 2022

Camden Haven Community College acknowledges and pays our respect to the Biripi people, the Traditional Custodians of the land on which we are based. We pay our respect to their Elders, past, present and emerging and acknowledge all Aboriginal and Torres Strait Islanders based on or visiting Biripi Country.

Welcome!

Welcome to term two at your Community College, hopefully a little drier than term one! My first term as manager of the College has been a life affirming experience. I have met so many interesting people – students, trainers, volunteers – and they have all had something wonderful to bring to our community. You have made me feel so welcome and I look forward to meeting many more of you in term two.

We have some excellent courses to offer you in term two whether you are looking for a change in career or wanting to change your Tuesday night. There is something for everyone with many of our courses fee free. With the Winter months closing in there has never been a better time to join us, learn to edit photos and make new friends, tackle those tech challenges you have been avoiding and learn as a group. When its

dark and grey outside, escape and dream with an introduction to Italian, in no time it will be Spring again. After so long with Covid restrictions it's great to be able to come together, learn and enjoy.

Exciting changes continue to happen at Taree. Our new training room is up and running providing exceptional facilities, particularly for our aged and disability care training. Soon our shop front on Manning street will be open enabling you to pop in and talk to us about your training needs.

We would like to hear from anyone in the Manning Valley who is interested in delivering Lifestyle courses. Our courses have been a great hit in term one but we would like to give you more variety as the year goes on. Email life@chace.org.au if you have skills you would like to share with our community.

Meet Gilly Paxton Manager



Gilly is our new college manager. She took up the role in January and whilst new to adult education she brings some great skills to the college. After more than 20 years in senior positions in communications and management, Gilly is loving her new environment. "It's a joy to come to work. There's such a great attitude in the college, encouraging, inclusive, everyone there for a purpose. We are never too old to learn and the college is a great place to find new vocational skills or new life skills." Gilly is loving the College – the students, trainers, volunteers and staff. She moved to the area three years ago with a desire to contribute to the community and couldn't have found a better place to do it.

Living close to the beach, a lifelong dream, you will often find Gilly walking – normally with a neighbour's dog. She has many house guests throughout the year, introducing family and friends to the wonders of the Camden Haven and surrounds. She loves being in the kitchen though admits her husband does most of the cooking.



Camden Haven Community College is a not-for-profit Incorporated Association with a volunteer governing Committee. It is community owned and a registered charity.

The college provides lifestyle and vocational courses for our local communities in the Camden Haven and Manning Valley and has been operating for nearly forty years.

On the Front Cover

Demand for aged care training in the Manning Valley is at an all-time high. Many college students are benefiting from training under JobTrainer which is fee-free and fully funded by the NSW and Commonwealth Governments. Students are upskilling and studying for their CHC43015 Certificate IV in Aging Support and couldn't be happier. Our new facilities have created a learning environment that meets everybody's needs.

Student Coy (pictured second from the right) is delighted to be upskilling to a Certificate IV level. Coy has carved a successful career in aged and community care since completing her initial training with the College and is hungry to add to her skills. Her passion for aged care is obvious and an opportunity to help others will always make her day. When asked why she enjoys her work so much Coy replies "I just want to help people. Whatever somebody's situation, I just want to help them achieve their goals." Coy finds the College the perfect environment to learn. "The teachers are so supportive, they are always there to help and I'm always happy to come to class," Coy said.

It's important that our community is able to access quality education that reflects the changing needs and interests of the area. The College's new facilities and expanded program aims to meet those needs in a friendly, supportive and inclusive environment. It's great to see the College come to life with remarkable students who give so much to our community.

Whatever your passion, there's bound to be a course just for you. Whether you are looking for a new career, updating your computer skills or keen to learn Italian, you'll find it at your community college.



Pictured left to right: Janet Clune, Tracey-Lee Marshall, Katey Dillon, Richard Mount, John Haw, Coy Richards and Duangdao Sombat.



How to Enrol



Visit www.chace.org.au



Call (02) 6559 6699



Email life@chace.org.au



In person—an office space is coming soon!

DSLR PHOTOGRAPHY: AN INTRODUCTION – with Peter Green

Turn your dial off Auto and get to know your DSLR camera to unleash its full potential. This course will cover using manual camera settings, composition and additional gear that will start you off on your photography journey. Please bring your DSLR, a notepad and pen. We recommend enrolling into Pete's Photograph Editing course which is a continuation of this course, to create edited final pieces. **Note:** The second session will be a 3 hour local walk to practise photo taking, 8am-11am. This training is subsidised by the NSW Government.

| LOCATION | DATE/CONSECUTIVE SESSIONS | TIME | \$ |
|---|----------------------------|---------|----|
| Shop 5/11-17 Manning St, Osborne Chambers, Taree | 3 Thursdays starting 9 Jun | 9am—3pm | 0 |

PHOTOGRAPH EDITING – with Peter Green

Learn how to really make your photos pop and correct those in-camera exposure errors. The course will cover Adobe Lightroom and corrections to exposure, contrast and white balance, shadow and highlight adjustments, sharpening and noise reduction, spot adjustments and spot removal. See <https://www.chace.org.au/photograph-editing> for more information.

| LOCATION | DATE/CONSECUTIVE SESSIONS | TIME | \$ |
|---|---------------------------|---------|----|
| Shop 5/11-17 Manning St, Osborne Chambers, Taree | Thursday 30 Jun | 9am—2pm | 65 |

Meet Peter Green

Trainer: DSLR Photography & Photograph Editing



Peter is a Graphic Designer who has many other talents such as Photography, IT and Landscape Architecture. He has qualifications and lots of experience in these different areas. Design has been a part of his life as long as he can remember but it wasn't until his 30's he realised his talent and fervour for Graphic Design specifically, redirecting his career from IT and Landscape Architecture.

For fun Peter enjoys travelling to such places as Asia and the Pacific - so much so that he sacrificed most of his income to be there! This was the catalyst for his photography passion which led him into winning prizes in several competitions.



CULTURE & LANGUAGE

ITALIAN FOR BEGINNERS – with Michelina Sirianni

Will you be on that first flight out to Italy? Then start your Italian language learning journey now. From basic introductions through to grammatical nuances, you will learn the fun and easy way to get back to the country we all love to visit.

| LOCATION | DATE/CONSECUTIVE SESSIONS | TIME | \$ |
|---|----------------------------|---------------|-----|
| Shop 5/11-17 Manning St, Osborne Chambers, Taree | 6 Tuesdays starting 26 Apr | 5:30pm—7:30pm | 140 |



ITALIAN FOR BEGINNERS PART 2 – with Michelina Sirianni

Continue to build on what you have learnt in our beginners course.

| LOCATION | DATE/CONSECUTIVE SESSIONS | TIME | \$ |
|---|----------------------------|---------------|-----|
| Shop 5/11-17 Manning St, Osborne Chambers, Taree | 6 Tuesdays starting 26 Apr | 2:30pm—4:30pm | 140 |

Meet Michelina Sirianni
Trainer: Italian Language



Michelina was born in Australia to Italian immigrants and has been studying and speaking Italian her whole life. She has been teaching Italian on the Mid North Coast since 2006.

Her travels have included Italy many times as both a student of Italian and tourist. She won a four week scholarship in 2010 learning Italian in the grand city of Padova. She has many students who continue their study of the Italian language as part of a social coffee chat group once a week. Its great for the mind as well as a fun social outing.

Michelina relaxes by being creative with recycled products, making mobiles, beach stone art works, and gardening. She also volunteers for our local FAWNA group when required, rehabilitating injured native birds.

MENTAL HEALTH FIRST AID – with Bev Moss

This training will teach you practical skills to recognise common mental health problems; provide initial help using a practical evidence-based Action Plan; seek appropriate professional help; and respond to a mental health crisis situation. It is an educational course, not a support or therapy group. MHFA is suitable for businesses, volunteers, organisations, and any member of the community. This training is subsidised by the NSW Government.

| LOCATION | DATE/CONSECUTIVE SESSIONS | TIME | \$ |
|---|---------------------------|------------|----|
| Shop 5/11-17 Manning St, Osborne Chambers, Taree | 4 Mondays starting 16 May | 9:30am—1pm | 0 |



Meet Bev Moss

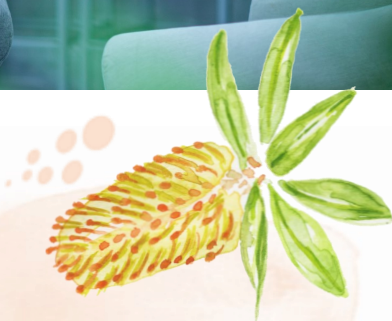
Trainer: Standard Mental Health First Aid



Bev teaches Mental Health First Aid (MHFA) at the college and has done so since 2019.

She is an Occupational Therapist and has worked in mental health services for most of her career. Bev is a Master Instructor for the Mental Health First Aid course and has been teaching it since 2013.

Bev believes that education is the key to increasing awareness and understanding of mental health issues in our community, and is passionate about sharing her knowledge through the MHFA course.





COMPUTING BASICS – with Robyn Martin

We will cover the basics of Windows, word-processing, spreadsheets, and general problem solving. This training is subsidised by the NSW Government.

| LOCATION | DATE/CONSECUTIVE SESSIONS | TIME | \$ |
|---|------------------------------|-------------|----|
| Shop 5/11-17 Manning St, Osborne Chambers, Taree | 3 Wednesdays starting 11 May | 9:30am—12pm | 0 |

COMPUTING BASICS PART 2 – with Robyn Martin

Continuing on from Computing Basics, we will cover transferring files to and from other devices. This training is subsidised by the NSW Government.

| LOCATION | DATE/CONSECUTIVE SESSIONS | TIME | \$ |
|---|------------------------------|-------------|----|
| Shop 5/11-17 Manning St, Osborne Chambers, Taree | 3 Wednesdays starting 22 Jun | 9:30am—12pm | 0 |

ONE-TO-ONE TRAINING – with Robyn Martin

Arrange a one-hour session to address your particular areas of need; computers, phones etc.

| LOCATION | DATE & TIME | \$ |
|---|--|----|
| Shop 5/11-17 Manning St, Osborne Chambers, Taree | Wednesday 6 Jul - phone college to negotiate time. | 60 |



TECH SAVVY SENIORS



Tech Savvy Seniors is a NSW Government initiative in partnership with Telstra for seniors aged 60 and above or Aboriginal or Torres Strait Islander seniors aged 50 years and above. As a result of this initiative the following courses are offered to eligible participants at no cost. For beginners, the below sessions give you a basic introduction into the technologies listed while using a fun and hands-on approach. Bring your own devices, with full charge.

| COURSE NAME | DATE | TIME | LOCATION | \$ |
|---|------------|--------------|---|----|
| Introduction to Android Phones | Wed 11 May | 12:45—3:15pm | Shop 5/11-17 Manning St, Osborne Chambers, Taree (near corner of Victoria St) | 0 |
| Introduction to iPhones | Wed 18 May | 12:45—3:15pm | | 0 |
| Introduction to Email on Laptop or Tablet | Wed 25 May | 12:45—3:15pm | | 0 |
| Introduction to Online Banking | Wed 22 Jun | 12:45—3:15pm | | 0 |
| Introduction to iPads | Wed 29 Jun | 12:45—3:15pm | | 0 |

Meet Robyn Martin

Trainer: Technology and Tech Savvy Senior courses



Rob delivers a variety of courses at the college. Most are 'hands on' sessions using computers, tablets or smartphones and are focused on the use of a range of software and apps. For many years Rob has also taught all our Tech Savvy Seniors participants.

Rob has worked at community colleges teaching both accredited and more relaxed courses for over twenty five years - at Laurieton since the early 2000s; at Wauchope and Port Macquarie colleges last century! Her first experience as a trainer, some forty years ago, was on an inner urban revegetation project in Melbourne, where she taught the use of small machinery, propagation of indigenous plants, tractor driving and weed control. The subject matter of her lessons has changed a lot since then, though the satisfaction she gets from imparting skills and encouraging confidence has not.

Rob believes learning enriches life and that there is a wealth of knowledge available to all of us. She loves animals and lives in a home shared by two (now not so) feral cats and a rehoused dog, and hopes that, in the not too distant future, our wildlife and natural environment will be strongly protected and its diversity preserved. Rob feels very privileged to live on the Mid North Coast and thoroughly enjoys living in Wauchope.



How to Enrol

Enrolments and expressions of interest are now being taken for our Accredited courses in Taree. If you are ready to take the next step and would like to know more about our accredited courses and enrolment, please contact our training manager, Veronica, by email at veronica@chace.org.au. You can also visit our website for further course details at www.chace.org.au.

If you wish to attend our information/enrolment session for the Aged, Disability and Home and Community course then please register your intent to attend with Veronica, by email.

Meet Veronica Peterson Training Manager



Veronica is our Training Manager and Program Coordinator for the Taree, Forster and Laurieton areas specialising in Aged Care, Disability and Home and Community qualifications.

She has been a qualified trainer and assessor since 2006. Veronica is also a business owner and a business partner in designing and developing contextualised training resources.

Her passion is focused on delivering quality training and assessment to those disadvantaged in our communities.



SKILLED TRAINING

CHC33015 Certificate III in Individual Support (Ageing, Disability & Home and Community)

A nationally recognised qualification, this qualification reflects the role of support workers in the community and/or residential setting following an individualised plan to provide person-centered support to people who may require assistance due to ageing, disability or some other reason.

Work involves using discretion and judgement in relation to individual support as well as taking responsibility for your own outputs. Workers have a range of factual, technical, and procedural knowledge, as well as some theoretical knowledge of the concepts and practices required to provide person-centered support.

To achieve this qualification, the candidate must have completed at least 120 hours of work as detailed in the Assessment Requirements of the units of competency.

This course is delivered face-to-face by our college's highly skilled, professional, current, and industry-experienced trainer and assessors. Our college provides a simulated learning environment for building the foundation and preparation for attendance at the mandatory workplace component of this qualification.



| LOCATION | COST | COURSE DETAILS | INFO/ENROLMENT SESSION |
|----------|--------------------------------------|---------------------------|-------------------------------|
| Taree | *Fees subject to subsidy eligibility | Starting 2 May 9am-3pm | Tuesday 26 April 10am-12pm |

Meet Caroline Morris

Trainer: Aged Care, Disability, Home & Community



Caroline has been employed at Camden Haven Community College since August 2019 as a trainer and assessor in Aged Care.

She has extensive knowledge and experience in the Aged Care sector and is also currently employed with a service provider delivering home care packages to the elderly so they can stay in their own homes as long as possible.


Caroline is passionate about education and working in an industry that enables people of all ages and backgrounds to obtain qualifications which they will have for life.



SKILLED TRAINING

HLTAID011 Provide First Aid

Learn the essential skills in our safe simulated learning environment with the latest tools and technology. Use our training defibrillator under the guidance of our highly experienced Critical Care Nurse to shock our manikins and to assist you to understand that a prompt response can save lives. This unit describes the skills and knowledge required to perform and apply first aid procedures for those first to encounter an accident scene, incident in the home/community or workplace emergency.

| LOCATION | COST | COURSE DETAILS |  |
|----------|--------------------------------------|---|--|
| Taree | *Fees subject to subsidy eligibility | Wednesday 11 & Thursday 12 May, 9am-3pm | |



HLTAID011 Provide First Aid Recertification

A one day course to upgrade your First Aid certificate. Those needing to upgrade their CPR unit only may also enrol and attend the relevant hours.

| LOCATION | COST | COURSE DETAILS |  |
|----------|--------------------------------------|--------------------------|--|
| Taree | *Fees subject to subsidy eligibility | Wednesday 11 May 9am-3pm | |

*This training is subsidised by the NSW Government for eligible participants.

Meet Susan Ibister

Trainer: Aged Care, Disability, Home & Community and First Aid



Susan has been a Registered Nurse for 35 years and an educator for the past 12 years.

She is passionate about providing quality care for the elderly. Susan enjoys sharing knowledge and experiences with our students and feels it is a privilege to guide them through their studies. She feels immense pride when they gain employment in the Aged Care industry.

In her private time Susan enjoys anything to do with art and craft.





RTO 90018

Providing lifestyle and vocational courses to our local communities, for over thirty years, in the Camden Haven and Manning Valley.



A sneak peek of our new office space in Tareel!